

When to Start Home Health Care

BAYADA Home Health Aide Rebecca Miller discusses support for Natalie C. and her husband with ALS.

Follow this checklist from BAYADA Home Health Care to learn the signs of when you or a loved one may need home health care services. If you answer "yes" to one or more of these questions, call us at **888-4-BAYADA** (888-422-9232) for a free, professional evaluation.

For Patients	YES	NO
Do you:		
Have difficulty accomplishing household tasks (laundry, cooking, dishwashing)?		
Struggle with personal care tasks (bathing, dressing, grooming)?		
Need assistance getting in and out of bed?		
Worry about being safe when left alone?		
Live far from family members or close friends who can help with care?		
Need more advanced care than a family member can provide?		
Have difficulty swallowing?		
Need help with medication management?		
Experience breathing problems?		
Fall on a frequent basis?		
Have mobility issues (need assistance from a walker or wheelchair)?		
Require assistance with a ventilator?		
Experience frequent hospital admissions?		
Need assistance 24 hours a day?		
For Caregivers	YES	NO
Are you:		
Fearful of leaving your loved one alone?		
Finding that your loved one's care is becoming exceedingly demanding on your time, emotions, and physical abilities?		_
Unable to have respite time for yourself?		
Unable to provide the advanced care that your loved one requires?		
Unable to take care of household tasks due to caring for your loved one?		
Missing out on your own social and personal activities because of caring for your loved one?		
Unable to assist your loved one with personal tasks (bathing, dressing, grooming) on a consistent basis?		

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BAYADA specialty practices include Home Health Care, Pediatrics, Hospice, and Habilitation.

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